



STARS

What are you already good at?

Helping children name and celebrate their own strengths

What's something you can do that makes you feel really proud?

What do people come to you for help with?

Tell me about something that felt really hard at first — and then you got it.

What's one kind thing you did recently that you didn't make a big deal about?

What's something about you that you hope people notice?



FAVORITES AND PASSIONS

What lights you up?

Simple questions that reveal so much about who your child is becoming

What's your favorite thing to do when you have totally free time and no one is watching?

What's a story, book, or character that has really stayed with you?



WISHES

What are you growing toward?

Inviting children into honest, forward-looking reflection — without any pressure

What's one thing you'd love to get better at this school year?

Is there something you've always wanted to try but haven't yet?

If you could learn anything — no rules, no grades — what would it be?

What's a wish you have for yourself this year?

**Is there a habit you'd like to build?
Something small that might make a big difference?**

What could you do for hours and never get bored?

If you could spend one whole day doing anything you wanted, what would it look like — from the moment you woke up?

What makes you laugh the hardest?



BIG DREAMS

What do you want for your life?

*Go slowly with these. Listen more than you talk.
Let the answers be whatever they are.*

If you could do anything when you grow up — and it doesn't have to be a job — what would it be?

Is there something about the world you'd really like to change someday?

Where in the whole wide world would you most want to go? What do you imagine you'd find there?

What do you want people to say about you someday — what kind of person do you want to be known as?

What's one dream that feels really big... and maybe a little scary?

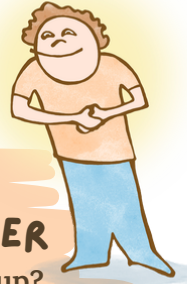


SCHOOL, LEARNING, AND ALL THAT

Opening the door to what's really going on beyond "it was fine"

What are you actually excited about this school year? (Even if it's something small.)

What's something you learned last year that genuinely surprised you?



VALUES & CHARACTER

How do you want to show up?

This is where the magic often happens. Kids have more depth here than we expect.

How do you want your best friend to feel when they're around you?

What does it mean to you to be a truly good friend?

Is there something you wish you'd done differently last school year?

When something hard or disappointing happens, how do you want to handle it this year?

What's one word you'd want to describe your whole school year when it's over?

If you could change one thing about school, what would it be?

Who's someone — a teacher, a coach, a friend — who's made you feel really seen?

What's something you want to be brave about this year?



FEELINGS

What's going on inside?

Perfect questions for quieter moments, like bedtime, a long car ride, or a walk together

What does it feel like in your body when you're really happy? What about when something's hard?

What's something that's been on your mind lately that you haven't said out loud yet?

What do you do when you're feeling overwhelmed or just need a reset?

Is there something you're worried about that you'd like to talk through?

What's something you're really grateful for right now — something you don't want to take for granted?



WONDERFULLY WEIRD

Fun questions that can make us all pause to think.

If you could talk to one kind of animal for a whole day — but only that one animal, ever again — which would you pick, and what's the very first thing you'd ask it?

A friendly wizard offers to make you the best in the whole world at one thing — but only if nobody ever finds out it was magic. Do you take the deal? What would you pick?

Would you rather have boots that let you jump as high as your house, or gloves that let you climb like a spider? What's the first thing you'd do with them?

A genie says she'll make any one food taste exactly like your favorite dessert forever — but you can never eat that real dessert again. Do you take the trade? Which food do you pick?

If you could shrink to the size of an ant for one afternoon, where in your house would you explore first — and what do you think you'd find?

Would you rather be famous for inventing the silliest invention anyone's ever made, or be the only person who knows about the best invention that never gets famous?

If your favorite stuffed animal came to life at midnight and could tell you one secret, what do you hope it would say?

You find a door in your closet that leads somewhere new every single time — but you only get to open it once a week. Where do you hope it takes you first?

Would you rather freeze everyone else in the world for five whole minutes whenever you wanted, or make boring moments go by twice as fast? What would you actually use it for?